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SINAI TEMPLE
PRESCHOOL

*Douglas Family
Early Childhood Center*



Our Programs

The curriculum at Sinai Temple Preschool/Douglas Family Early Childhood Center is designed to give children the opportunity to develop self-confidence as competent learners. Through integrated thematic units, children engage with their environment while developing an expanded view of their world.

Jewish life, observance and celebration are an organic component of all of our programs. Children learn Hebrew songs, blessings and prayers, along with the importance of mitzvot, and the beauty of their heritage. As each Jewish holiday is celebrated and brought alive through music, their Jewish identity grows.

Parenting Center

Parents with children from three to thirty-six months have the opportunity to participate in a variety of enriching classes that stimulate each child's imagination and development. While class structure and content varies according to age and development, all Parenting Center programs enable parents and children to interact in a variety of activities designed to stimulate motor skills, encourage socialization, nurture creativity and promote self expression. Age-appropriate celebrations of Jewish traditions and holidays are also an integral piece of the program.

Two-year Olds

Children in the Two-Year Old program develop basic socialization and communication skills while establishing an understanding of school rules. Their developing awareness of themselves and the world in which they live is reinforced through an environment that encourages trust, sharing, giving names to feelings, building number awareness and learning routines. Exploration, experimentation, play and discovery are reinforced.

Three-year Olds

The Three-Year Olds program encourages children to use their growing language skills and refine their motor skills. Music, art and dramatic play allows children to use their imagination, nurtures their sense of community and provides opportunities to

engage in role-play with their peers. Children develop a positive attitude toward learning and increased competence, leading to a stronger sense of self and a growing ability to regulate their emotions and behavior. Math, literacy, language and science activities help develop pre-academic skills. As the three-year-old's sense of self grows stronger, he or she becomes more socially aware and friendships take on new importance.

Pre-K

The Pre-K program helps children optimize the skills necessary for success in Kindergarten. Pre-reading exploration, vocabulary and math concepts are emphasized, along with recognition and writing of letters and numbers. Emotional development is nurtured through an environment in which children learn to care about each other, appreciate diversity, feel part of a larger social group, and contribute to the well being of their classroom and community. Children are also provided opportunities and materials that stimulate motor development, self-expression and an exploration of the wonders of science.

For more information about the
Sinai Temple Preschool/
Douglas Family Early Childhood Center,
please call: 310-481-3270