SPONSOR AN ONEG SHABBAT



Honor a *simcha* or *yahrzeit* by sponsoring an *oneg*! Your sponsorship will be featured in the Shabbat bulletin and announced from the *bimah* on Shabbat.

To sponsor, contact Judy Begin at jbegin@sinaitemple.org or 310-481-3222.

WANT TO PLAN AN EVENT AT SINAI TEMPLE?

Host your next event at Sinai Temple, where exquisite catering meets a stunning setting to create unforgettable experiences.

Let our expert caterers transform your special occasion into a celebration filled with flavor, elegance, and impeccable service.

For more information, please contact Judy Begin at jbegin@sinaitemple.org or 310-481-3222.

SINAI TEMPLE CLERGY

Rabbi Nicole Guzik and **Rabbi Erez Sherman** Senior Rabbis

Senior Clergy Administrator:

Gary Fayman gfayman@sinaitemple.org or 310-481-3234

Rabbi Avi Taff

Rabbi

Rabbi Gavriella Kornsgold

Rabbi

Administrative Clergy Assistant:

Michele Wernick mwernick@sinaitemple.org or 310-481-3200

Cantor Marcus Feldman

Cantor

Cantor's Office Assistant and B'nai Mitzvah Coordinator:

Ashley Soltys cantorsoffice@sinaitemple.org or 310-481-3235

Rabbi David Wolpe

Max Webb Emeritus Rabbi dwolpe@sinaitemple.org

Moe Howard

Rabbinic Intern mhoward@sinaitemple.org

Special thanks to the staff and lay leaders who make Shabbat services exceptional:

Executive Director – Jessica Green

Ritual Director – Jay Harwitt

Musical Director – Benjamin Fingerhut

Director of Media and Communication - Roy Regev

Audio Visual Tech - Christopher Princivalli

Sharona Rachmani

Mansour Eslamboli

Michael Silberstein

Ebby Tabariai

Michael Nazarian

David Matloob

Faith Gershbock

lacob Gershbock

Mehrzad Roshan, Sinai Temple President mroshan@sinaitemple.org



ALSO JOIN US FOR:

SHABBAT DAYCARE DROP-OFF

Upper Traub; 9:45 - 11:45 a.m.
For 5-year-olds and up; Drop-off
Potty training required
12 children maximum
First come, first served
No food allowed
Please pick up on time

CHAI SOCIETY SHABBAT KIDDUSH LUNCH

Gold Hall; 12 p.m. Pre-registration required

MINCHA & KABBALAT SHABBAT

in Kohn Chapel
Every Friday at 5:45
Also available to watch on
YouTube

DAILY MINYAN

in Kohn Chapel

Monday-Friday at 7:30 a.m.
and 5:45 p.m. (in person)

Saturday 9:00 p.m. (online only)

Sunday (and National Holidays, when held in-person) 8:30 a.m.



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Torah Reading Begins: *Exodus* 12:29 (P. 387) Maftir: *Exodus* 13:14-16 (P. 393)

Haftarah: *Jeremiah* 46:13-28 (P. 395)

"Marror and the Moon:" Sermon by Rabbi Erez Sherman

SHABBAT SERVICE

in Ziegler Sanctuary at 9:00 a.m.

Also available to watch on YouTube

TORAH AT THE TABLE

in Blumenthal Library from 9:15 - 10:30 a.m.

FAMILY MINYAN

in Kohn Chapel at 9:30 a.m. *Also available to watch on YouTube*

Consider Donating to the Sinai Temple Emergency Fund - Scan to Donate!

To donate, select "Southern CA Fires" from the dropdown menu.



Find us on YouTube at www.youtube.com/@SinaiTemplePresents





Sinai Temple, 10400 Wilshire Blvd., Los Angeles, CA 90024 310-474-1518 | www.sinaitemple.org

Affiliated with the United Synagogue of Conservative Judaism

A MESSAGE FROM PRESIDENT MEHRZAD ROSHAN

Rabbi Taff, along with members of Sinai Akiba Academy and the Sinai Temple community, are in Israel this week volunteering, visiting the IDF, and building relationships between the people of Israel and the Flesh Family Sinai Temple Israel Center.

The heartwarming words below are from an Israeli soldier:

We are Israeli reserve soldiers, serving for 230 days since the war in Israel began. Most of us have jobs, families, and children outside of the army, and we have left everything behind to protect our people against relentless enemies.

Yesterday evening, we had the privilege of experiencing your generosity when a group of men from your Temple visited our army base on the border of Gaza. They shared that your community has donated money to provide us with an amazing barbecue meal, which we enjoyed together.

Not only was the meal a special treat, but sitting with your members, sharing conversations, and answering questions created a meaningful connection. It was truly a heartwarming experience that reminded us of the unwavering support from the Jewish community in the United States.

Your thoughtful donations and the kindness of your members lifted our spirits during these challenging times. Knowing that we are in your thoughts strengthens us and reassures us that we are not alone in this fight.

On behalf of myself and my fellow soldiers, I want to express our deepest gratitude and appreciation for your generosity, solidarity, and support. Your actions remind us of the power of unity and the strength of our shared bond.

Thank you for standing with us.

With heartfelt gratitude, Yoel Ouday

TEMPLE EVENTS

Shabbat Guest Speaker

This Shabbat, we will welcome Tami Raviv from The Niv Nirel Center to the bimah. She will share the important work they do with trauma survivors.

Shabbat Guest Performers – TODAY! Saturday, February 1

Aryell Cohen will be accompanying Services this Shabbat in the Ziegler Sanctuary.

Parsha Class with Sinai Temple Clergy Every Tuesday on Zoom 8:30 – 9:30 a.m. Next week, Feb. 4 with Rabbi Nicole Guzik

During this one-hour session, our Rabbis and Cantor will dive deeply into the Parsha, offering a contemporary lesson that one can apply in their everyday life.

The 2025 Abner and Roslyn Goldstine Scholar in Residence Lecture Series February 7 – 9

Join us as we welcome **Justice Rosalie Silberman Abella** as this year's Abner & Roslyn Goldstine Scholar in Residence. Justice Abella is the first refugee appointed to the bench and the first Jewish woman appointed to the Supreme Court of Canada. She holds 42 honorary degrees and, upon retirement, became the Samuel and Judith Pisar Visiting Professor of Law at Harvard Law School. This event will also stream on YouTube and the Sinai Temple website. Visit our website or scan the OR code.

From Devastation to Hope: Israel's Resilience and the Spirit of Tu B'shvat Thursday, February 13 from 7:00 – 9:00 p.m. in Kohn Chapel

Join Rabbi Avi Taff and Moshe Gold as they explore the resilience of Israel's communities as they rise from devastation, rebuilding homes, replanting the land, and renewing hope for the future. Highlighting the spirit of Tu B'shvat, this talk delves into the deep connection between the people and the land of Israel, celebrating renewal and growth in the face of adversity.

Shabbat Club: Ages 35-55 Singles Shabbat Dinner

Friday, February 14 from 7:00 – 9:00 p.m. in Gold Hall

Join us for a fun night of good food, great company, and meaningful connections.

Ethics at the Center with Rabbi Elliot Dorff Wednesday, February 19 at 7:00 p.m. in Kohn Chapel

Join Rabbi Gavriella Kornsgold for a thought-provoking conversation with Rabbi Elliot Dorff about his latest book, Ethics at the Center: Jewish Theory and Practice for Living a Moral Life. Don't miss this opportunity to engage with Rabbi Dorff and explore the ethical issues at the heart of our community.

Feit Family Live Havdalah and Hilarity Saturday, February 22 from 6:30 – 8:30 p.m.

\$15/Adults \$5/Children. Light Nosh and Drinks Included. **Featuring:**

- Beverly Live: Comedy from Your Favorite lewish Mother
- Guy Branum from the Talk show, "The Game Show"
- Movie Night for Kids

MENTAL HEALTH CENTER

For more information or to schedule an individual, confidential consultation for any mental health-related matter, please contact Carolyn Hoffman, LCSW, directly at choffman@sinaitemple.org or (310) 481-3209.

Support GroupsWhere Magic Happens!

Did you know? Participation in a support group for a specific life challenge not only provides comfort, but it can also restore hope, build resilience, and create a lasting sense of community. The Sinai Temple Mental Health Center offers these unique group experiences exclusively for our members: Bereavement, Caregivers for a loved one with Dementia, Israel and Antisemitism, Emotional Wellness and Jewish Spirituality, and the Chai Society Mental Health Book Discussion. We hope you will join us!

All groups are ongoing and require a private, individual consultation prior to joining with the Center's Director, Carolyn Hoffman, LCSW.

Book Discussion and Lunch - "The Spoon Stealer" by Lesley Crewe

Thursday, February 27 from 10:30 a.m. – 12:30 p.m. in Lower Traub

\$10/Sinai Temple members and \$15/non-members. We will read the book "The Spoon Stealer," which can be purchased on Amazon. Please read the book prior to attendance. We will have microphones to ensure we can hear each other!

The Sinai Temple Mental Health Center is generously underwritten by the Fredric D. Rosen and Nadine Schiff-Rosen Family Foundation.

SISTERHOOD

An Exclusive Evening with Chef Nicole Dayani

Postponed to **Wednesday, February 12** from 6:30 – 9:00 p.m.

Join us for a night of culinary excellence with renowned Chef Nicole Dayani, entrepreneur and visionary behind Nicole's Kitchen LA, featured on FOX5, Spectrum News 1, Beverly Hills Weekly, and more! RSVP now at www.member.sinaitemple.org/events; limited spots available.

Save the Date for Sisterhood's annual Torah Fund Luncheon! Tuesday, March 25 in Barad Hall

Honoring with the Ha'yay Olam Award: Shan Farahi and Cici Hallegua. Visit our website or scan the QR code. For more info visit: www.sinaitemple.org/sisterhoodtorahfund/



Scan the QR code to RSVP and to learn about more events.

For more information contact Amanda Harrison at aharrison@sinaitemple.org or 310-481-3246