

## SPONSOR AN ONEG SHABBAT



Honor a *simcha* or *yahrzeit* by sponsoring an *oneg*! Your sponsorship will be featured in the Shabbat bulletin and announced from the *bimah* on Shabbat.

To sponsor, contact Judy Begin at [jbegin@sinaitemple.org](mailto:jbegin@sinaitemple.org) or 310-481-3222.

## SINAI TEMPLE CLERGY

**Rabbi Nicole Guzik** and **Rabbi Erez Sherman**  
Senior Rabbis

**Senior Clergy Administrator:**  
Gary Fayman  
[gfayman@sinaitemple.org](mailto:gfayman@sinaitemple.org) or 310-481-3234

**Rabbi Avi Taff**  
Rabbi

**Rabbi Gavriella Kornsgold**  
Rabbi

**Administrative Clergy Assistant:**  
Michele Wernick  
[mwernick@sinaitemple.org](mailto:mwernick@sinaitemple.org) or 310-481-3200

**Cantor Marcus Feldman**  
Senior Cantor

**Cantor's Office Assistant and B'nai Mitzvah Coordinator:**  
Ashley Soltys  
[cantorsoffice@sinaitemple.org](mailto:cantorsoffice@sinaitemple.org) or 310-481-3235

**Cantor Orly Campbell**  
Cantor  
[ocampbell@sinaitemple.org](mailto:ocampbell@sinaitemple.org)

**Rabbi David Wolpe**  
Max Webb Emeritus Rabbi  
[dwolpe@sinaitemple.org](mailto:dwolpe@sinaitemple.org)

**Moe Howard**  
Rabbinic Intern  
[mhoward@sinaitemple.org](mailto:mhoward@sinaitemple.org)

### Special thanks to the staff and lay leaders who make Shabbat services exceptional:

Executive Director – Jessica Green  
Ritual Director – Jay Harwitt  
Musical Director – Benjamin Fingerhut  
Director of Media and Communication – Roy Regev  
Audio Visual Tech – Christopher Princivalli  
Keren Hantman – Communications Manager  
Rebeka Small – Operations Manager  
Amanda Harrison – Program & Engagement Coordinator  
Hannah Buckland – Atid Program Coordinator  
Judy Begin – Temple Administrator  
Sharona Rachmani  
Mansour Eslamboli  
Michael Silberstein  
Ebby Tabariai  
Michael Nazarian  
David Matloob  
Faith Gershbock  
Jacob Gershbock

**Mehrzhad Roshan**, Sinai Temple President  
[mroshan@sinaitemple.org](mailto:mroshan@sinaitemple.org)



## ALSO JOIN US FOR:

### SHABBAT DAYCARE DROP-OFF

Upper Traub; 9:45 - 11:45 a.m.  
Drop-off  
For potty trained to 5 years old.  
First come, first served. No food allowed. Please pick up on time.

### NEW! SHABBAT LOUNGE FOR 3RD-5TH GRADERS

Youth Lounge and Rickles Gym  
9:45 - 11:45 a.m.  
Join us for games, basketball, handball and fun!

### MINCHA & KABBALAT SHABBAT

in Kohn Chapel  
**Every Friday at 5:45**  
*Also available to watch on YouTube*

### DAILY MINYAN

in Kohn Chapel  
**Monday–Friday at 7:30 a.m. and 5:45 p.m.** (in person)  
**Saturday 9:00 p.m.** (online only)  
**Sunday (and National Holidays, when held in-person) 8:30 a.m.**



SINAI TEMPLE

5 IYYAR 5785 | 3 MAY 2025



### PARASHAT TAZRIA / M'TZORA תְּרִיעַת־מִצְרָע

Torah Reading Begins: *Leviticus* 14:33 (P. 663)

Maftir: *Leviticus* 15:31-33 (P. 669)

Haftarah Begins: *2 Samuel* 7:3-10 (P. 676)

"77 Years Young:" Sermon by Rabbi Erez Sherman

## SHABBAT SERVICE

in Ziegler Sanctuary at 9:00 a.m.

*Also available to watch on YouTube*

### The Bar Mitzvah of Benjamin Wald

## TORAH IN THE ROUND

in Kohn Chapel at 9:30 a.m.

### The Bar Mitzvah of Matan A. Brandes

## FAMILY MINYAN

in Lower Traub at 9:30 a.m.

## TORAH AT THE TABLE

in Blumenthal Library at 9:15 a.m.

Honor or remember someone special with a meaningful gift to Sinai Temple. Scan this QR code to make a contribution in their name and create a lasting tribute.



Find us on YouTube at [www.youtube.com/@SinaiTemplePresents](https://www.youtube.com/@SinaiTemplePresents)



MOUNT SINAI  
MEMORIAL PARKS AND MORTUARIES

Sinai Temple, 10400 Wilshire Blvd., Los Angeles, CA 90024  
310-474-1518 | [www.sinaitemple.org](http://www.sinaitemple.org)

Affiliated with the United Synagogue of Conservative Judaism

## A MESSAGE FROM PRESIDENT MEHRZAD ROSHAN

We are so proud to celebrate the Sinai Temple Mental Health Center, now in its 4th year. As a benefit of membership, the Center is devoted to providing professional, compassionate and culturally sensitive services, including:

- One-on-one, confidential consultation on any issues related to mental health and emotional wellness across the lifespan
- Appropriate information and referrals
- Short-term counseling as needed
- Ongoing support groups, including Bereavement, Caregivers of family members with dementia, and Parents balancing Multiple Children. New groups focusing on other issues are launching all the time.
- Chai Society Mental Health Book Discussions
- Community-wide mental health programming

In recognition of Mental Health Awareness Month, we will welcome actress and mental health advocate Mayim Bialik who will speak on the mental health crisis facing our youth today. Join us on Thursday, May 22, at 6pm for a VIP reception or at 7:30pm for our main presentation.

For more information on this event, the Mental Health Center, or to schedule an appointment, please contact our Center, Carolyn Hoffman, directly at [choffman@sinaitemple.org](mailto:choffman@sinaitemple.org) or (310) 481-3209.

### Carolyn Hoffman, LCSW

Director, Sinai Temple Mental Health Center

*We are grateful that the Sinai Temple Mental Health Center is generously underwritten by a gift from the Fredric D. Rosen and Nadine Schiff-Rosen Family Foundation.*

## TEMPLE EVENTS

**Foundations - Rebellious Torah: A Journey of Dialogue, Critique, and Spiritual Reflection**  
With Rabbi Tova Leibovic-Douglas  
May 5, 12 and 19 from 7:00 – 8:30 p.m.

Join us in a transformative exploration of the Torah and Rabbinic literature, where ancient texts become vibrant landscapes for discussion and critique. In this class, we will dive deep into the characters and stories of the Torah, not as passive narratives, but as dynamic invitations for intellectual and spiritual engagement.

**Foundations: A Hebrew Crash Course 2.0**  
With Master Teacher Tina Kaminski  
On Wednesday Nights, May 7 – June 4  
7:00 – 8:30 p.m.

Already have a foundation in Hebrew and looking to go further? This in-person series, led by Tina Kaminsky, is designed for learners who want to strengthen their skills, brush up on grammar, expand vocabulary, and grow more confident in conversation.

**Feit Family Live Generations Shabbat**  
Saturday, May 17 Shabbat Service  
Followed by festive lunch for all generations  
RSVP Required

Come join us for a special Shabbat lunch at Sinai Temple where we bring together all generations for a delicious meal and meaningful conversations.

**An Evening with Mayim Bialik:**  
**Teen Mental Health Crisis is Our Crisis Too**  
Thursday, May 22 from 7:30 – 9:00 p.m.

Join The Sinai Temple Mental Health Center for an engaging presentation with Mayim Bialik on our youth's mental health crisis.

**Saving the West: A Discussion**  
with Rabbi Wolpe and Melanie Phillips  
Tuesday, May 27 from 7:00 – 8:30 p.m.

Come join us for an engaging discussion on the future of the Western world with Rabbi Wolpe and Melanie Phillips, whose new book is *The Builder's Stone: How Jews and Christians Built the West – and Why Only They Can Save It*.

This in-person event will be held at Sinai Temple, where we will delve into important topics facing our society today. Don't miss out on this unique opportunity to hear from two insightful speakers as they share their perspectives on how we can work together to save the West.

**Sinai Temple Women's Mission to Israel**  
October 2025 Led by Rabbi Nicole Guzik  
October 27 – November 2, 2025  
Interest Call on Tuesday 4/22 at 10:15

For more information and to register for the interest call, email Gary Fayman at [gfoyman@sinaitemple.org](mailto:gfoyman@sinaitemple.org).

## SINAI TEMPLE'S 2025 ANNUAL GALA

May 18 from 5:00 – 10:00 p.m.  
Honoring Cantor Marcus Feldman!  
With a special tribute to Ruth Pilot (z"l) and family.  
5:00 p.m. – Cocktails and Hors D'oeuvres  
7:00 p.m. – Dinner, Dancing, and Musical Program  
Sinai Temple Cocktail Attire

Celebration Honorary Chair: Judy Fischer. Celebration Co-Chairs: Jane Z. and Larry Cohen, Sherri and Brian Ghodsian, and Sepideh Makabi and Robin Nourmand.

## MENTAL HEALTH CENTER

**Teen Mental Health Creative Writing Contest**  
Sponsored by the Sinai Temple  
Mental Health Center and Teen Center

We invite all Sinai Temple tweens and teens in grades 7 – 12 to participate in a creative writing contest on the importance of mental health awareness! Win prizes, make friends, and make a difference! **Submissions due by May 11, 2025.** Winners will be announced at a special Teen Lounge Night on Thursday, May 29, at 7PM. **SAVE THE DATE!**

*The Sinai Temple Mental Health Center is generously underwritten by a generous grant from the Fredric D. Rosen and Nadine Schiff-Rosen Family Foundation.*

## SISTERHOOD

**Sisterhood Shabbat**  
Saturday May 10 at 9:00 a.m. in Ziegler Sanctuary

The congregation is invited to attend the Sisterhood Shabbat where we will celebrate mothers, daughters, grandmothers, sisters, relatives, and friends! Please join us for an uplifting service filled with love and warmth, led by women in our community. Following the service, please stay for a celebratory lunch. Reservations are required. To RSVP, visit [member.sinaitemple.org/events](http://member.sinaitemple.org/events).

## CHAI SOCIETY

**Shabbat Kiddush Lunches**  
\$10 Sinai Temple Members, \$18 Non-Members

Immediately following services (approx. 11:45 a.m.). We are excited about the upcoming Shabbat Lunches, where we will gather for delicious meals and meaningful conversations. RSVP on the Sinai Temple website. Mark your calendars for the following dates:

**Saturday, May 17:** Celebrate Generational Shabbat with us! We invite you to bring your family and friends for a memorable Shabbat service followed by a delightful kiddush lunch. This lunch is open to Chai Society members and their extended families—so invite loved ones to join the celebration.

**Saturday, June 7:** A special summer treat is in store; details will be announced soon!



Scan the QR code to RSVP  
and to learn about more events.

For more information contact Amanda Harrison  
at [aharrison@sinaitemple.org](mailto:aharrison@sinaitemple.org) or 310-481-3246