

Shelach L'Cha: The Journey is the Destination

I met a friend of mine for Shabbat lunch last week in New York City. Her apartment is (theoretically) a twenty-minute walk from where I'm staying, directly across Central Park. The route seemed straightforward enough, so I neglected to bring a map; an hour and a half later—having wound up exactly where I started, twice—I learned my lesson.

I couldn't help but think of the Israelites, who wandered forty years in the desert for what ought to have been a trip of at most two weeks. Straightforward directions—"Send agents to scout the land of Canaan"—are derailed by fear and lack of faith. "We came to the land," they say, "but we cannot defeat its people, for they are stronger than us."

The lesson? Bring a map:

"Instruct them to make for themselves fringes (*tzitzit*) on the corners of their garments ... Look at it and recall all of God's commandments and observe them, so that you do not stray after your heart and eyes." (Numbers 15:38–9)

Tzitzit, the tassels tied onto the corners of an undershirt or prayer shawl, are not a map of the physical landscape but the moral one. They remind us of the path we're meant to walk: of grace, kindness, compassion—in a phrase, to "walk in God's ways." We will never be lost following in God's footsteps, for the journey is itself the destination.

Next time I find myself crossing Central Park on Shabbat, I'll make sure to wear my tallit.

Shabbat Shalom.
Rabbi Moe Howard

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Special thanks to the staff and lay leaders who make Shabbat services exceptional:

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Benjamin Fingerhut - Music Director

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Faith Gershbock

Jacob Gershbock

Mehrzad Roshan, Sinai Temple President



MISSION STATEMENT

Sinai Temple is dedicated to providing a welcoming and caring community for its members, devoted to Jewish learning and support for Israel and the Jewish people, and committed to improving ourselves and the world through a growing relationship with God from generation to generation. We are committed to the principles and values of Conservative Judaism and we welcome Jews of all backgrounds and affiliations to observe life cycle events, and pursue our mission through prayer, rituals, learning, music and the other gifts God has given us.

MINCHA & KABBALAT SHABBAT

in Kohn Chapel

Every Friday at 5:45 PM

Also available to watch on [YouTube](#)

DAILY MINYAN in Kohn Chapel

Monday–Friday at 7:30 a.m.

Sunday morning at 8:30 am

Sunday-Friday evenings at 5:45 pm

Saturday evenings 9:00 p.m. (online only)

Please consult the website for holiday locations and times.



SINAI TEMPLE

28 SIVAN 5786 | 13 JUNE 2026



PARASHAT PARASHAT SHELACH L'CHA | שלח לך
BLESSING THE NEW MONTH OF TAMMUZ (SUNDAY EVENING THROUGH TUESDAY)
THE BAR MITZVAH OF KYLE EMRANI
Torah reading begins: Numbers 13:1 (page 840)
Maftir: Numbers 14:5-7 (page 845)
Haftarah: Joshua 2:17-24 (page 858)
"How We Wrap Ourselves"- Sermon by Rabbi Erez Sherman

SHABBAT SERVICE

in Ziegler Sanctuary at 9:00 a.m.

The Bar Mitzvah of Kyle Emrani

"How We Wrap Ourselves"- Sermon by Rabbi Erez Sherman

Also available to watch on [YouTube](#)

TORAH AT THE TABLE

in Blumenthal Library Classroom at 9:00 a.m.

STARS PINK SHABBAT

in Gold Hall at 10:00 a.m.

Honor or remember someone special with a meaningful gift to Sinai Temple. Scan this QR code to make a contribution in their name and create a lasting tribute.



Find us on YouTube at www.youtube.com/@SinaiTemplePresents



A MESSAGE FROM PRESIDENT MEHRZAD ROSHAN

Did you know that the Sinai Temple Mental Health Center:

- Is one of the only mental health programs in the U.S. meeting the emotional needs of members as an integrated part of synagogue communal life ?
- Provides confidential, professional, culturally sensitive consultation for any mental health-related concern to all Sinai Temple members and families ?
- Offers a variety of support groups designed to address specific concerns and create community? These groups include:
 - **Bereavement**
Find comfort and guidance after the loss of a loved one.
 - **Caregivers for Loved Ones with Dementia**
Share challenges and solutions with others navigating a family member’s cognitive changes.
 - **Estranged Families**
Find support to share feelings, build coping skills, and grieve.
 - **Personal Growth**
Deepen self-awareness, strengthen relationships, and work toward life goals.
 - **Chai Society Mental Health Book Group**
For our active senior members, enjoy lunch and a lively discussion on books highlighting a mental health topic.

- Regularly offers support for students and faculty, as well as intergenerational learning opportunities, within the Sinai Temple Religious School community ?
- Maintains a referral list of community-based mental health care providers and agencies ?
- Develops and implements mental health-related programs for individual synagogue constituent groups as well as the community at large ?
- Welcomes your ideas and participation ?

For more information or to schedule an appointment, please call Carolyn Hoffman, LCSW, directly at (310) 481-3209 or email choffman@sinaitemple.org.

The Sinai Temple Mental Health Center is generously underwritten by a grant from the Fredric D. Rosen and Nadine Schiff-Rosen Family Foundation.

TEMPLE EVENTS

Learning with Rabbi David Wolpe
Tuesday, June 16, 2026 | 7:00 PM

Don’t miss the final class in this inspiring series as we trace the wisdom, texts, and teachings that have guided Jewish life, from ancient foundations to medieval depth and modern relevance.

Sinai Speaks: Lo Ta’amod, A Jewish Response to Ukraine
Wednesday, June 17, 2026 | 7:00 PM | Online

Join us for a timely and meaningful conversation with Jesse Corey, Founder, *End of Indifference*, and Rabbi Gavriella Kornsgold as they explore the ongoing crisis in Ukraine through a Jewish lens.

Meet Your Mensch: Jewish Singles 35–65 Wine Tasting with California Kosher Wines
Thursday, June 18, 2026 | 6:30 PM

Join us for an elegant evening featuring exceptional California Kosher Wines, light apps, great conversation, and the opportunity to connect with other Jewish singles in a relaxed and welcoming atmosphere.

Chai Society Mental Health Book Club
Thursday, June 25, 2026 | 10:30 AM

Join the Sinai Temple Mental Health Center for the Chai Society Mental Health Book Group, featuring a light lunch and meaningful conversation. This session will explore *The Correspondent* by Virginia Evans in a warm, thoughtful community setting.

Launching Into the Next Chapter: College Readiness for Parents and Students

Thursday, June 25, 2026 | 7:00 PM

Join the Sinai Temple Mental Health Center and the Jewish Community Mental Health Initiative (JCMHI) for *Well On Their Way*, a special webinar designed for parents navigating the transition to college with their young adults. In light of the current climate and increased antisemitism on college campuses, this conversation will provide practical tools, guidance, and support to help families foster confidence, resilience, and well-being during this important life transition.

This is Part 1 of a two-part webinar series. A second session for incoming college students, focused on well-being, identity, and resilience, will take place on July 23, 2026.

Honoring Mehrzad Roshan

Join us on **Saturday, June 27** as we celebrate **Mehrzad Roshan’s final Shabbat as President of Sinai Temple**. Together, we will express our gratitude for her dedicated leadership, countless contributions, and lasting impact on our community. We hope you’ll join us for this special Shabbat of appreciation and celebration.

Calling All Young Voices!

Sinai Temple children **ages 8 to 11** have an exciting new opportunity to lead our congregation in prayer. Every Shabbat morning, students are invited to arrive early at **8:30 a.m.** to meet in Cantor Feldman’s office and receive a solo for that day’s service.

Whether it is singing *Romemu*, *Baruch Sheamar*, *Ashrei*, or *Yotzer Or*, just show up and the solo is yours! Family and friends can proudly watch in person or via our livestream. As an added bonus, participants will receive a special assortment of sweet treats.

No RSVP is needed. Step into your Jewish roots, enjoy some baked goods, and let your voice be heard in the Ziegler Sanctuary!

L’Shalom,

Cantor Marcus Feldman and Benjamin Fingerhut

Expand Your Mind with the Community Scholar Program

Learning doesn’t stop. It evolves, deepens, and inspires. Sinai Temple is proud to partner with the Community Scholar Program (CSP), now in its 24th year, to bring members dynamic online learning with renowned scholars, authors, and thought leaders exploring Jewish history, culture, and ideas that resonate today. With engaging programs for June, there is something for everyone to learn, connect, and be inspired.

Explore upcoming programs and register at www.sinaitemple.org/adult-education-classes-2025-26/

WANT TO PLAN AN EVENT?

Host your next event at Sinai Temple, where exquisite catering meets a stunning setting to create unforgettable experiences. Let our expert caterers transform your special occasion into a celebration filled with flavor, elegance, and impeccable service. For more information, please contact Judy Begin at jbegin@sinaitemple.org or 310-481-3222.

SPONSOR AN ONEG SHABBAT

Honor a simcha or yahrzeit by sponsoring an oneg! Your sponsorship will be featured in the Shabbat bulletin and announced from the bimah on Shabbat.

To sponsor, contact Judy Begin at jbegin@sinaitemple.org or 310-481-3222.





Scan the QR code to RSVP and to learn about more events.

For more information contact Amanda Harrison at aharrison@sinaitemple.org or 310-481-3246